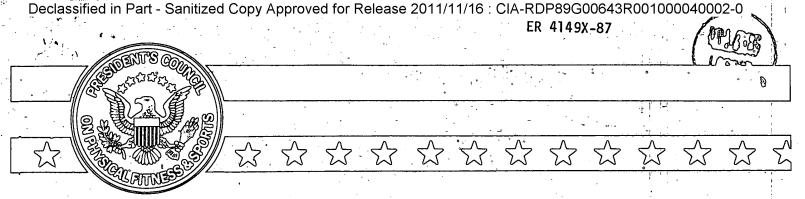
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## CONFERENCE ANNOUNCEMENT

The President's Council on Physical Fitness and Sports will present the fifth REGIONAL CONFERENCE ON PUBLIC EMPLOYEE HEALTH AND FITNESS on November 4-6, 1987, at the historic Charlie Fitness Club and Hotel (formerly the Illinois Athletic Club) in Chicago, Illinois.

In cooperation with the U.S. Office of Personnel Management and the Chicago Federal Executive Board, the conference will bring to the midwest the combined experience of Federal agencies, including law enforcement, the military and research institutions, and private corporations with a focus on developing employee worksite health and fitness programs.

Monroe Woods, Chairman, the Chicago Federal Executive Board (FEB) and Regional Administrator of the USDA Food and Nutrition Service, will head the regional management of the conference assisted by: J.R. Starkey, District Director, IRS; Steven Cohen, Regional Director, OPM; Dr. Frank Ellis, Regional Health Administrator, PHS; Michelle Harris, Regional Director, DHHS; Colonel Joseph George, USA, Commander, Defense Contract Administration Services; George Davis, Chief, Cooperative Administrative Support Branch, IRS, and Garmeline Sanders, Executive Assistant, Chicago FEB.

Agency administrators will present guidelines and clarification of recent changes by OPM, GSA and DOL (OWCP), along with specific information on:

- o Step-by-step procedures for beginning employee fitness programs
- Alternatives in administering programs and facilities
- o Facilities in multi-tenant buildings
- o Liability considerations
- o Motivational programming, with and without facilities

The conference will be of particular interest to administrators responsible for health and fitness facilities, fitness program directors, and employee groups who consider developing such programs for the civilian workforce, military and law enforcement communities in the public sector.

Conference registration fee of \$95 will include:

- o All conference materials, sessions and special events
- o All meals and refreshment breaks (excluding Thursday dinner)
- o Tee-shirt and conference certificate
- o The FEDERAL FITKIT

(more)



## CHICAGO REGIONAL CONFERENCE ON PUBLIC EMPLOYEE HEALTH AND FITNESS November 4-6, 1987

## Preliminary Conference Schedule

Wednesday, November4	
3:00 - 7:30 p.m. 6:00 - 7:00 p.m. 7:00 - 9:30	REGISTRATION Charlie Fitness Club & Hotel RECEPTION (No-Host Bar) DINNER
Thursday, November 5	
6:30 - 7:15 a.m. 7:00 - 8:00 8:30 - 9:00	3K FUN RUN/WALK Grant Park (across the BREAKFAST street from Charlie Club) General Session I Opening Ceremonies
9:00 - 9:30 9:30 - 10:00 10:00	Keynote Address: Federal Personnel Policies Speaker: National Facility Priorities EXERCISE BREAK - Juice
10:30 - 11:00 11:00 - 12:00	Speaker: National Program Administration Panel Discussion; Questions/Answers
12:00 noon 1:30 - 2:00	LUNCHEON and PROGRAM  General Session II  Speaker: Legal Considerations
2:15 - 3:15	Concurrent Sessions A. Administrative Issues I B. Comprehensive Programming II C. Program Design I D. Evaluation I
3:10 - 3:40 3:40 - 4:30	BREAK Concurrent Sessions A. Administrative Issues II B. Comprehensive Programming II C. Program Design II D. Evaluation II
4:30 - 7:00	Consultation with Industry representatives (details to follow)
Friday, November 6	
6:30 - 7:15 a.m. 7:00 - 8:00 8:30 - 10:00	EARLY-BIRD AEROBIC WORKOUT BREAKFAST General Session III Defense Fitness Programs
10:00 - 10:20 10:30 - 12:00	BREAK General Session IV Law Enforcement Task Force
12:15 - 1:30 1:45 - 2:45	LUNCHEON and PROGRAM Resource Round Tables